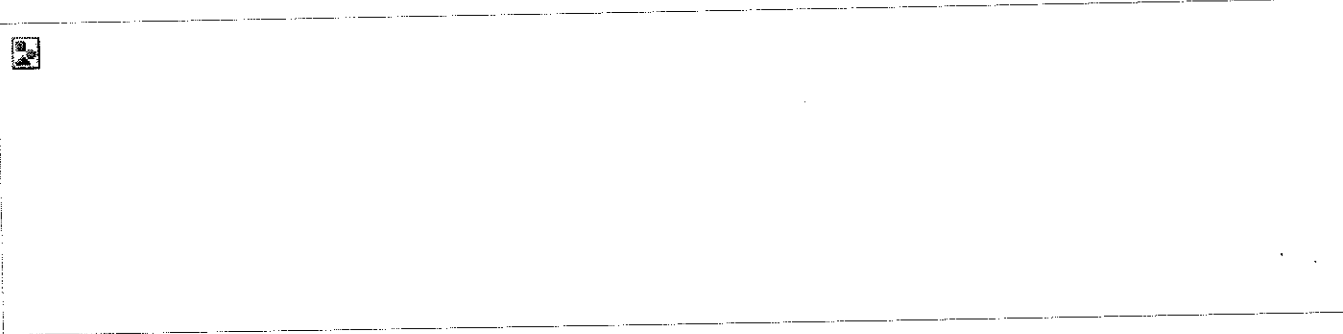


Windom, Robert A. (FOH)

From: DC METRO AREA BRANCH OF COA [COA@LIST.NIH.GOV] on behalf of Julian Canizares [jcanizaresjr@GMAIL.COM]
Sent: Monday, April 13, 2009 12:17 AM
To: COA@LIST.NIH.GOV
Subject: [COA-DC-BRANCH] Smart Brief - Benefits Available to PHS Officers
Attachments: image001.jpg



To members of the D.C. Metropolitan Area Branch,

This Smart Brief is a journal style email message intended to help keep you informed about various uniformed service benefits available to PHS officers. This journal also provides status of legislation in both the Federal and local State governments that could potentially affect the benefits available to PHS officers, dependents, as well as retirees.

For the current posting, please forward any questions or comments to LT Robert Windom at rwindom@psc.gov. Thank you.

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Current Posting

1. Uniformed Services Tax Benefits
2. Uniformed Services Thrift Stores

Previously Posted

1. DC COA Branch Committee on Benefits Members
2. Military Officers Association of America (MOAA) 1-year Free Membership
3. Are Commissioned Officers of the PHS & NOAA eligible for benefits under the

Post 9/11 G.I. Bill?

1. Uniformed Services Tax Benefits

The tax filing deadline is fast approaching. Taxpayers who need more time to complete their returns should submit their requests for an automatic extension electronically by April 15. This year anyone, regardless of income, can e-file their extensions at no cost from a home computer using IRS traditional FreeFile or FreeFile Fillable Forms. E-filing a request for an extension using either form of FreeFile is convenient, safe and secure, and taxpayers receive confirmation to keep with their records. The extension gives taxpayers until Oct. 15 to file the tax return. An extension does not give the taxpayer an extension of time to pay.

Many of the local military installations have set up volunteer tax centers that offer free electronic tax filing services to all uniformed service members. For more information contact your nearest military installation.

There are also many money saving tax benefits offered to uniformed service members. The below sites are provided for more information.

<http://www.irs.gov/individuals/military/index.html>

<http://www.military.com/Finance/Taxes/0,13397,82,00.html>

2. Uniformed Services Thrift Stores

Uniformed Services Thrift Stores are a great way to save on purchases as well as donate to a worthy cause. Thrift stores offer a variety of gently used household items, clothes, baby items, and military uniforms. Uniforms can be purchased for less than half the original price. Donations are always welcomed as well. These stores are not for profit, which means that your donations and proceeds from sales are passed along to other organizations that serve underprivileged populations and those in need. Below is a list of a few of your local thrift stores.

DC COA Uniform Service Center (Parklawn Bldg)

You may purchase reconditioned PHS uniforms at the Parklawn Uniform Service Center, Wednesdays at 12:00 p.m. to 1:00 p.m. ET. Contact the Uniform Coordinator at 202-720-7208 or visit: http://dccoa.org/uniform_store.html for further information.

BOLLING AFB Thrift Shop

Located on Bolling AFB, Building #13 on Brookley Ave, the Thrift Shop provides an outlet to sell items, on consignment, and offers bargains on clothing, furniture, toys, etc. The Thrift Shop is an enjoyable place to shop and volunteer! Hours are Monday, Wednesday and Friday 10:00

- 2:00 p.m. For more information contact the Thrift Shop Chairman, Karen Pletcher at 202-561-6590 (thriftshop@afowc.com) or the Thrift Shop 202-563-6666.

FT BELVOIR Thrift Shop

Located at Ft. Belvoir, 10002 Caples Rd, Bldg 630.

Hours of Operation - Open 9 a.m. to 2 p.m. on Tuesday, Wednesday, Thursday, and the 1st and 3rd Saturdays. Call 703-360-3160 or visit <http://www.fortbelvoirthriftshop.org>

Navy-Marine Corps Relief Society Thrift Store Annapolis

A small volunteer-operated shop located on the Naval Station Annapolis on Alder Road

Hours of Operation: Tuesday and Thursday, 10:00 a.m. -1:00p.m., and 3rd Saturday – 10:00 a.m.-2:00 p.m.

For more information please call 410-293-4402/9220 or visit <https://www.cnic.navy.mil/Annapolis/BaseSupport/Resources/index.htm>

Navy-Marine Corps Relief Society Thrift Store NSF Anacostia

Located on NSF Anacostia in Building 57, behind PSD. The store has a wide variety of clothing, including uniform items, books, toys, sporting goods and household items available for sale. The shop accepts donations during regular business hours only.

Hours of Operation: Tuesday 10:00 a.m. -1:00 p.m., Thursday 3:30 p.m. to 7:00 p.m., and Saturday 10:00 a.m. to 2:00 p.m. For more details, please call (202) 610-5419 or visit

<https://www.cnic.navy.mil/NDW/Families/NavyMarineCorpsRelief/index.htm>

Thanks.

JULIAN

LCDR Julian Canizares, USPHS
Acting Chair, DC COA Benefits Committee &
USPHS Liaison with the Military Officers Association of America (MOAA)
Montgomery County, MD Chapter

Visit the DC COA Website at

<http://dccoa.org>

Please consider adding your home email address to the Branch listserve.

http://dccoa.org/membership/List_Serv.htm

=====Instructions for Leaving the Listserv===== If you do not wish to receive information from the District of Columbia Metropolitan Branch of the Commissioned Officers Association of the USPHS (DC-COA) you can unsubscribe in either of two ways: (1) Send e-mail to LISTSERV@LIST.NIH.GOV with the following text in the body of the message: unsubscribe COA (2) Go to : <http://list.nih.gov/archives/coa.html> and select "Join or leave the list"