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SENIOR PARTNER | Mindset4Results

ABOUT MINDSET4RESULTS

Our core competency is helping individuals and organizations shift from a self-focused inward mindset to an others-aware outward mindset to create the positive space that allows the various techniques in crucial conversations and crucial accountability to be more effective, sustainable and impactful. Our programs and methodology are based on 45 years of research in the psychology of human behavior and motivation, and more than 30 years of experience working across healthcare sectors and services, including hospital, clinic, non-profit, federal, Tribal, and private sector facilities and roles including direct care, administration, research, regulation, telemedicine, and medical education.

Our approach provides the foundational mindset shift that makes the behavioral techniques and skills more effective and more lasting. The analogy is in planting a seed. Most efforts are spent on selecting the right seed. What is usually not tended to is the soil that seed will be planted in. Our approach combines the use of the right seed (crucial conversations) but emphasizes cultivating the soil (setting the right mindset) that will allow that seed to flourish. This effectively reduces the intensity and emotionality of the challenging issues in the VHA, making the issue less about conflict management and more about resolution, collaboration, accountability, and better results.

A practicing board-certified obstetrician/gynecologist, Jason is a veteran with 31 years in the Commissioned Corps of the U.S. Public Health Service, working “to advance and promote the health of the nation.” Acutely aware of his own daily invitations into an inward mindset, he helped start Mindset4Results to bring awareness of how we (and he!) often get in our own way and how to get unstuck in our service to our patients, health, and each other.

Jason became a student of leadership and systems change while studying economic development at the London School of Economics. His understanding of the failures of so many of the first-world and second-world approaches to third-world problems ingrained the need for a systems-thinking and holistic perspective in order to implement lasting change. Foundational to this approach is a mindset that sees truly and learns continuously. Throughout his career, Jason has tried to use this perspective to initiate change, process improvement, and team and individual growth and development.

In his career, Jason has enjoyed a breadth and depth of experience: his clinical leadership and executive experience includes federal, state, Tribal, private- and non-profit sector, and emergency response service. His administrative, research, and regulatory public health leadership roles include oversight of food, drug and dietary supplement safety and access, expansion of telemedicine services, contraceptive development research and the globalization and expansion of the drug supply.

Jason received a bachelor’s degree in economics and chemistry from the University of North Carolina at Chapel Hill. He studied economic development at the London School of Economics. He received his medical degree from the Uniformed Services University of the Health Sciences and completed a residency in obstetrics/gynecology at the Georgetown University Hospital in Washington, D.C. He is the author of multiple clinical and regulatory articles and texts. He maintains his clinical and teaching role with hospitals and clinics in the Washington, DC area.